

GETTING A CONSISTENT LINE

By Ken Perks

The great and final goal for all players is to be closer to that little white jack than the opposition, through the devious ways peculiar to the game. The choice of “ways,” then, becomes of paramount importance. Possibly you have no conception of the hundreds of bowls played each week by those who stand wrongly on the mat, without due regard to correct “facing,” or “going “ the direction they should go.

The exact angle is there, and should be made. It is easy and simple. Your whole body, shoulders, knees, hips, eyes, should face the direction the bowl must take. Note, then, how all other items dovetail: the grip of the bowl, the bowl running in a straight line up your straight arm to your shoulder, your arm swinging straight up and down and a follow through that stays in the proper finishing position so you can watch your “BOWL COME TO REST” (do not walk away from your bowl until it has stopped.)

If you have any problems with the angles of the green give me a shout and I can give and show you what you will need to overcome the problem.(ask me for the handout called)

Angles Of The Green. The things we can learn from these handouts are:-

To determine the angle of the green, divide the area between 8 and 0 into eight. Each division represents an angle of the green for shots in the game.

8 is the axis of the rink, 0 is the angle for the draw shot. The width of the angle between 8 and 0 is governed by the speed of the green and climatic conditions,

- a) The slower the green the narrower the angle.
- b) The faster the green the wider the angle.
- 1) The angle for the draw shot is 0.
- 2) The angles between 1 to 4 are for “on shot” or “controlled shots.”
- 3) The angles between 5 and 6 are for “running shots”
- 4) The angles between 7 and 8 are for “driving shots”. Its width is governed by the

Speed of delivery.

There is a variation to your aiming line if the mat is placed in different positions but your angle stays as a constant.

There is no variation to your aiming line if the jack is rolled to different positions and the angle stays the same constant. (as long as the mat is kept in the same place each time)

So remember how to keep that aiming line, for you to play that shot, is to find that right angle from 8 to 0. If you can't see and keep the line at a distance bring your eyes down the aiming line to a comfortable position on the green for you, so that you can maintain your line and a smooth delivery and with good weight you should achieve the shot you were after.

Isn't that logical and practical? If you have failed in these things, and now adopt them, you will assuredly find that your anatomy will respond, you will be better physically, and your game will improve immensely.

Remember every bowl has its value, so make sure that it's your bowl with the best value for yourself and the TEAM.

GOOD BOWLING

Ken Perks