

COACHES CORNER

By Ken Perks, Club Coach.

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Singles Game Drill.

Equipment-: One rink-two jacks-two old sets of bowls- score card- one mat- a measure- and your four bowls.

Aim-: Good for preparing for a singles game. The opposition (old bowls) always holds four shots at the beginning of each end. The first to 21 shots up wins (weather you get there first or the old bowls do) scoring the same way as a game. You can play this game by yourself or with a partner.

Set Up-: Set four old bowls (opposition) on each "T" of the rink. Opposition has four bowls placed between a mats width and mats length from the jack. Place the mat no further than one mtr. From the "T" this is the length to play on any end won by the opposition. You can change the length if you win that end but the opposition length will be 1 mtr from the "T" at all times.

Process-: Play your four bowls consecutively to score a shot or more.

Rules-: You can make up your own rules such as you can only score if you draw around the front bowls or any other way you think to make the exercise more challenging.

Scoring-: Each bowl of yours inside the opponent's bowls counts as a score as per normal game. Your opponent scores the amount of shots before your closest bowl as per the normal game. If you turn in your opponent's bowl it stays there for the rest of that end and could become a counter or the shot.

To make the game more challenging you can set up the opposition's bowls at ½ a mat length away from the jack.

I wish you well and hope you challenge yourself to the best level that you can achieve.

Good Bowling.